

WEEK ONE MENU



CHOOSE AN OPTION: 1, 2 OR 3

Free Side Salad with Every Meal

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

1

Margherita Wholemeal Pizza

(V, GL, M)
Served with Chips (V, GF)
Beans (V, GF)
Coleslaw (V, GF, E)

Chicken & Chorizo Jambalaya

(GF)
Spiced Rice with Chicken, smoky
Chorizo, Peppers, Onions
& Cajun Seasoning.

Served with
Coleslaw (GF, E) or Salad

Pork Sausage

(GL, S)
Served with
Mashed Potato (GF, M)
Peas (V, GF)
&
Gravy (V, GF)

Beef Lasagne

(GL, E, M)

Optional
Garlic Bread
(GL) MAY CONTAIN (M, S)
&
Salad

Loaded Fries (V, GF)

Chips served with a choice of

Chicken Balti (GF)
Or
Beef Chili (GF)

OPTION

2

Loaded Fries (V, GF)

*Chips served with a choice of up to
two options*
Beans (V, GF)
Cheese (V, M, GF)
Curry Sauce (V, GL, MU)
Coleslaw (V, GF, E)

Macaroni Cheese

(V, GL, M)

Optional
Garlic Bread
(GL) MAY CONTAIN (M, S)

Quorn Sausage

(V, GL)
Served with
Mashed Potato (GF, M)
Peas (V, GF)
&
Gravy (V, GF)

Vegan Burrito Bowl

*Mixed Diced Vegetables (V, GF)
Rice (V, GF), Kidney beans
and crushed nachos (V, GF) in a bowl.*

Loaded Fries (V, GF)

*Chips served with a choice of up to
two options*
Beans (V, GF)
Cheese (V, M, GF)
Curry Sauce (V, GL, MU)
Coleslaw (V, GF, E)

OPTION

3

Cheese & Tomato Pizzini

(V, GL, M)

Crispy Chicken & Coleslaw Wrap

(H, GL, E)
*Breaded crispy chicken goujons with
fresh coleslaw, wrapped in a soft
tortilla.*

BBQ Chicken Panini

(GL, M) MAY CONTAIN SS

Fish Finger Wrap

(GL, F, E, MU)

*Crispy breaded fish fingers with fresh
lettuce and creamy tartare sauce,
wrapped in a soft tortilla*

Cheese & Tomato Pizzini

(V, GL, M)